

OLD BRIDGE FAMILY YMCA

TURKEY DAY EVENTS



THANKSGIVING | Nov. 28
Open 5-11 A.M.

- » **7:30 A.M. Cycling 90 MIN. • Val**
- » **8 A.M. Aqua Fit Turkey Party • Tracy**
- » **9 A.M. Body Pump • Vitalii**



» ymcanj.org



1024-7586-0BY

YMCA OF GREATER MONMOUTH COUNTY