



RED BANK FAMILY YMCA

SPORTS, ENRICHMENT, WELLNESS

FALL II: OCTOBER 28 – DECEMBER 22, 2024



PROGRAM REGISTRATION BEGINS:

Family Members- Oct. 14 | All Other Members- Oct. 17 | Non-Members - Oct. 21

LEARN MORE & REGISTER TODAY

YOUTH SPORTS

STAGE/PROGRAM NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BASKETBALL BEGINNER \$90 MEMBER/\$115 NON-MEMBER	4:00 PM (AGES 4-6)					
	4:45 PM (AGES 7-10)					
BASKETBALL INTERMEDIATE \$90 MEMBER/\$115 NON-MEMBER	5:30 PM (AGES 9-12)					
MARTIAL ARTS - LITTLE SAMURAI \$90 MEMBER/\$115 NON-MEMBER		3:00 PM (AGES 4-6)		3:00 PM (AGES 4-6)		10:15 AM (AGES 4-6)
		3:45 PM (AGES 7-9)		3:45 PM (AGES 7-9)		11:15 AM (AGES 7-9)
MARTIAL ARTS - YOUTH SAMURAI \$90 MEMBER/\$115 NON-MEMBER		4:30 PM (AGES 10-12)		4:30 PM (AGES 10-12)		12:15 PM (AGES 10-12)
NEW! YOUTH PICKLEBALL LESSONS \$100 MEMBER/\$120 NON-MEMBER			4:00 PM (AGES 8-12)			

YOUTH ENRICHMENT

NEW! YOGA FOR KIDS! - PARENT & ME					10:00 AM (AGES 3-8)	
NEW! YOGA FOR KIDS!			5:30 PM (AGES 3-8)			
SCHOOL'S OUT CAMP	FULL DAYS (8:00 AM-5:30 PM)			HALF DAYS (12:00 PM-5:30 PM)		
	OCTOBER 3 NOVEMBER 7-8 DECEMBER 23-30 FEBRUARY 10, 17 MARCH 14 \$80 MEMBER/\$100 NON-MEMBER			OCTOBER 31 \$45 MEMBER/\$65 NON-MEMBER		

RED BANK FAMILY YMCA
 YMCA OF GREATER MONMOUTH COUNTY
 166 Maple Avenue
 Red Bank, NJ 07701

732.741.2504
 membership@ymcanj.org

YMCANJ.org

Here for all.
 Financial assistance is offered
 based on availability of funds.

1122-6563-RBY



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ADULT SPORTS – AGES 18+

STAGE/PROGRAM NAME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PICKLEBALL – LEVEL 1 \$60 MEMBER/\$75 NON-MEMBER						9:00 AM
PICKLEBALL– LEVEL 1 & 2 \$60 MEMBER/\$75 NON-MEMBER	12:00 PM	12:00 PM	12:00 PM			10:00 AM
PICKLEBALL – LEVEL 2&3 \$60 MEMBER/\$75 NON-MEMBER		11:00 AM	11:00 AM			11:00 AM
PICKLEBALL – LEVEL 3 \$60 MEMBER/\$75 NON-MEMBER	11:00 AM					

ADULT HEALTH & WELLNESS – AGES 18+

INDOOR COUCH TO 5K \$80 MEMBERS ONLY		10:00 AM				
WOMEN ON WEIGHTS \$250 MEMBERS ONLY MEETS 2X/WEEK		8:00 AM		8:00 AM		
WORKING ON WEIGHTS \$250 MEMBERS ONLY MEETS 2X/WEEK	4:30 PM		4:30 PM			

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