



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RED BANK FAMILY YMCA GYMNASIUM SCHEDULE JUNE 1-AUGUST 31

KEY:
(F) Full Gym
(A) Side A - left side of gym
(B) Side B - right side of gym

| | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> | <u>SATURDAY</u> | <u>SUNDAY</u> |
|---|-------------------------------------|---|---|-----------------------------------|-----------------------------------|-----------------|--------------------------------------|
| FULL OPEN GYM | 5:00a - 10:00a 11:00p - 9:00p | 5:00a - 8:00a 11:00a - 6:30p | 5:00a - 8:00a 9:30a - 10:00a 11:00a - 9:00p | 5:00a - 8:00a 12:00p - 9:00p | 5:00am-10:00a 11:00a - 9:00p | 6:00a - 5:00p | 6:00a-9:00a 12:00p—5:00p |
| HALF (A) OPEN GYM | | | | | | | |
| PICKLEBALL LESSONS (held in the gymnasium in the event of inclem- ent weather) | Pickleball Lessons 8:30a- 10:30a | Pickleball Lessons 5:00p-7:00p | Pickleball Lessons 8:30a-10:30a | | | | Pickleball Lessons 9:00a - 12:00p |
| PROGRAM | Senior Fitness 10:00a - 11:00a | Open Pickleball 8:00a - 11:00a Adult Pickup Basketball 6:30p -9:00p | Open Pickleball 8:00a - 9:30a Senior Fitness 10:00a - 11:00a | Open Pickleball 8:00a - 11:00a | Senior Fitness 10:00a - 11:00a | | |

CAMP AND SPECIAL EVENTS *Camp and birthday parties present intermittent outliers to this schedule. In the event of inclement weather, camp may be forced to use half or the whole gymnasium for activities. Please contact the Welcome Desk for more information and updated availability*

The gymnasium schedule is subject to change. Please visit the YMCA Daxko App for the most up to date information.