



OLD BRIDGE FAMILY YMCA POOL SCHEDULE

June 22 – July 31, 2024

Schedule subject to change without notice

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
LAP SWIM	5:00am-8:00am (8) 8:00am-3:00pm (2) 7:30pm-8:45pm (6)	5:00am-8:00am (8) 8:00am-3:00pm (2) 7:30pm-8:45pm (6)	5:00am-8:00am (8) 8:00am-3:00pm (2) *5:30pm-8:45pm (6)	5:00am-8:00am (8) 8:00am-3:00pm (2) 7:30pm-8:45pm (6)	5:00am-8:00am (8) 8:00am-3:00pm (2) 3:00pm-7:30pm (4) 7:30pm-8:45pm (6)	7:00am-8:00am (8) *8:00am-12:00pm (1) 12:00pm-4:45pm (6)	**Adult Swim (18+ Only) **7:00am-4:45pm (2) 7:00am-4:45pm (4)
OPEN SWIM	11:00am-3:00pm (2) 7:30pm-8:45pm (2)	11:00am-4:00pm (2) 7:30pm-8:45pm (2)	11:00am-4:00pm (2) *7:30pm-8:45pm (2)	11:00am-4:00pm (2) 7:30pm-8:45pm (2)	11:00am-4:00pm (2) 7:30pm-8:45pm (2)	12:00pm-4:45pm (2)	7:00am-4:45pm (2)
AQUA FITNESS	8:00am-10:00am (4) 10:00am-11:00am (4)	8:00am-9:00am (3)	8:00am-10:00am (4)	8:00am-11:00am (3) 6:30pm-7:30pm (3)	8:00am-10:00am (4)		
SWIM LESSONS	3:30pm-7:00pm (4)	3:30pm-7:00pm (4)	3:30pm-7:00pm (4)	3:30pm-7:00pm (4)		8:00am-12:00pm (7)	
SWIM TEAM	4:45pm-7:30pm (4)	4:45pm-7:30pm (4)	4:45pm-7:30pm (4) *Swim Meet On: 7/17 5:30pm-8:45pm	4:45pm-7:30pm (4)	4:45pm-7:30pm (4)	*Swim Meets On: 6/22 8:30am-12:00pm 7/6 8:30am-12:00pm	
CAMP	10:30am-3:00pm (2)	10:30am-3:00pm (2)	10:30am-3:00pm (2)	10:30am-3:00pm (2)	10:30am-3:00pm (2)		

OLD BRIDGE FAMILY YMCA YMCA OF GREATER MONMOUTH COUNTY

1 Mannino Park Drive
Old Bridge, NJ 08857

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YMCANJ.org



Here for all.

Financial assistance is offered
based on availability of funds.



Old Bridge Family YMCA LAP LANE AVAILABILITY

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
5am							
6am	8	8	8	8	8		
7am						8	6
8am							
9am							
10am						1*	
11am	2	2	2	2	2		
12pm							
1pm							
2pm						6	
3pm							
4pm			0				
5pm	0	0		0	4		
6pm							
7pm			6*				
8pm	6	6		1	6		
9pm							

- > When there are 1 or 2 lap swimmers in a lane, they may elect to split the lane in half.
- > The entrance of a third person changes the lane to 'circle' swimming format.
- > Schedules subjected to without notice.

* No Lap Lanes available from 5:30pm-8:45pm on Wednesday 6/17 and from 8:30am-12:00pm on Saturdays 6/22 & 7/6 for swim meets