# YMCA OF GREATER MONMOUTH COUNTY SUMMER CAMP WHAT TO BRING TO CAMP

Please make sure that everything is clearly labeled. This will help us cut down on the lost and found piles at the end of the day.



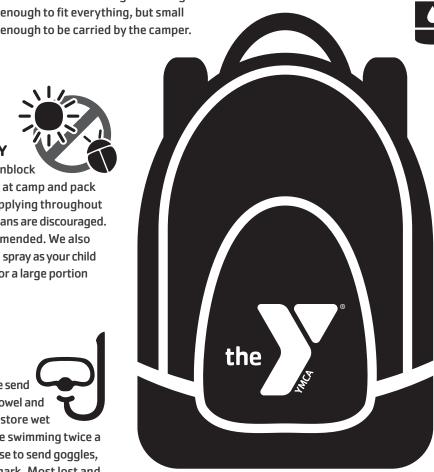
### BACKPACK Be sure to choose a bag that is large enough to fit everything, but small

### SUNBLOCK & BUGSPRAY

Please apply sunblock before arriving at camp and pack a bottle for reapplying throughout the day. Spray cans are discouraged. Hats are recommended. We also recommend bug spray as your child will be outside for a large portion of the day.

### **SWIM GEAR**

Everyday, please send a bathing suit, towel and a plastic bag to store wet items. We will be swimming twice a day! If you choose to send goggles, please clearly mark. Most lost and found incidents happen during swimming time.



Please **do not** send your camper with toys, electronics, phones, glass bottles or anything you don't want to get dirty or wet.

### WATER BOTTLE

Campers will be outside for a large portion of the day. During these hot summer months it is important that we keep hydrated. Please send your camper with a water bottle each day. Campers are instructed to refill their water bottles throughout the day at water stations.



### **LUNCH BOX**

Each day, please remember to send your child a healthy and nutritious lunch and snacks with an icepack. Lunches will be stored in an air conditioned room. Please do not send microwavable lunches or items that contain peanut products.



### **SNEAKERS/SHOES**

For the safety of our campers, please send your child to camp in sneakers. If you wish, you may pack a pair of water shoes or sandals for the pool and locker room area.



624-4538-THO

Here for all. Financial assistance is offered based on availability of funds.

## YMCA OF GREATER MONMOUTH COUNTY

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