



Life Coaching Class

Join the Bayshore Family Success Center for a class that can help better guide your life decisions.

Join us at the BFSC in Leonardo for a life coaching class by certified life coach Laura Coulter. Some of the topics that will be discussed are milestones, 60-day plans, and weekly/daily planning. We will provide snacks and light refreshments for all participants. This is an event for adults only and you can register by emailing familysuccess@ymcanj.org or calling 732.497.3811.



Wednesday, May 22 | 6pm-7pm

RSVP is required. Contact 732.497.3811 or familysuccess@ymcanj.org

YMCA OF GREATER MONMOUTH COUNTY

BAYSHORE FAMILY SUCCESS CENTER | Henry Hudson Trail Activity Center 945 State Highway 36 | P: 732.497.3811 | YMCANJ.org/bfsc | Leonardo, NJ 07737 | familysuccess@ymcanj.org



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