



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RED BANK FAMILY YMCA GYMNASIUM SCHEDULE APRIL 21-MAY 31

KEY:
(F) Full Gym
(A) Side A - left side of gym
(B) Side B - right side of gym

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
FULL OPEN GYM	5:00a - 10:00a 1:00p - 4:00p 5:30p - 9:00p	5:00a - 8:00a 1:00p - 6:30p	5:00a - 8:00a 9:30a - 10:00a 1:00p - 9:00p	5:00a - 8:00a 12:00p - 6:30p	5:00am-10:00a 11:00a - 9:00p	6:00a - 5:00p	6:00a-9:00a 12:00p—5:00p
HALF (A) OPEN GYM	4:00p - 6:15p (A)						
PICKLEBALL LESSONS (will be held outdoors beginning 4/29)	Pickleball Lessons 11:00a - 1:00p	Pickleball Lessons 11:00a - 1:00p	Pickleball Lessons 11:00a - 1:00p				Pickleball Lessons 9:00a - 12:00p
PROGRAM	Senior Fitness 10:00a - 11:00a Live Y'ers Youth Programs (B) 4:00p - 5:30p	Open Pickleball 8:00a - 11:00a Adult Pickup Basketball 6:30p - 9:00p	Open Pickleball 8:00a - 9:30a Senior Fitness 10:00a - 11:00a	Open Pickleball 8:00a - 11:00a Homeschool Enrichment 11:00a-12:00p Adult Volleyball 6:30p - 9:00p	Senior Fitness 10:00a - 11:00a		

BIRTHDAY PARTY AND SPECIAL EVENTS *Birthday parties and other gym events present intermittent outliers to this schedule, predominantly on Fri/Sat/Sun. Please contact the Welcome Desk for more information.*

The gymnasium schedule is subject to change. Please visit the YMCA Daxko App for the most up to date information.