

mental wellness & education event

BUILDING BRIDGES

blossoming change



OCEAN COUNTY YMCA

1088 W Whitty Rd. Toms River, NJ 08755

SATURDAY, MARCH 16TH

12PM-3PM

no registration required



LUNCH PROVIDED
with diy lemonade stand

**MENTAL HEALTH RESOURCES & ACTIVITIES
FOR ALL AGES INCLUDING:**



INTERACTIVE WELLNESS STATIONS
WITH THE LEAD U CREW



RAFFLES & GIVEAWAYS
WITH MATT RYAN



sptsusa.org | (732) 410-7900

"THIS EVENT IS HOSTED BY THE SOCIETY FOR THE PREVENTION OF TEEN SUICIDE AND MADE POSSIBLE BY THE OCEAN COUNTY DEPARTMENT OF HUMAN SERVICES THROUGH THE 2023-2024 UNITED STATES DEPARTMENT OF TREASURY'S CORONAVIRUS STATE AND LOCAL FISCAL RECOVERY FUNDS."