



OLD BRIDGE FAMILY YMCA POOL SCHEDULE

February 1– March 31, 2024 (Rev 2/19)

Schedule subject to change without notice

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM	5:00am-8:00am (8) 8:00am-11:00am (4) 11:00am-4:30pm (6) 4:30pm-7:00pm (0) 7:00pm-8:45 pm (4)	5:00am-8:00am (8) 8:00am-11 am (5) 11:00am-4:00pm (6) 4:00pm-7:00pm (1) 7:00pm-8:45pm (5)	5:00am-8:00am (8) 8:00am-11 am (4) 11:00am-4:30pm (6) 4:30pm- 7:00pm (0) 7:00pm-8:45pm (4)	5:00am-8:00am (8) 8:00am-10 am (5) 11:00am-4:00pm (6) 4:00pm-7:00pm (1) 7:00pm-8:45pm (5)	5:00am-8:00am (8) 8:00am-10:00am(4) 10:00am-4:00pm (6) 4:00pm-6:00pm (3) 6:00-8:00pm (0) 8:00-8:45pm (6)	7am-8:00am (2) 8:00-12:00pm (0) 12:00pm-4:45pm (6)	Adult Swim (18+Only) 7:00am-4:00pm (2) 7:00am-4:00pm (4)
OPEN SWIM	11:00am-4:00pm (2) 7:00pm-8:45pm (2)	11:00am-4:00pm (2) 7:00pm-8:45pm (2)	11:00am-4:00pm (2) 7:00pm-8:45pm (2)	11:00am-4:00pm (2) 7:00pm-8:45pm (2)	11:00am-8:45pm (2)	7:00am- 8:00am (2) 12:00pm04:45 (2)	7:00am-4:00pm (2)
AQUA FITNESS	8:00am-9:00am (4) 9:00am-10:00am (4) 10:00am-11:00am (4)	8:00am-9:00am (3)	8:00am-9:00am (4) 9:00am-10:00am (4)	8:00am-9:00am (3) 10:00am-11:00am (3)	8:00am-9:00am (4) 9:00am-10:00am (4)		
SWIM LESSONS	3:30pm-7:00pm (3)	3:30pm-7:00pm (4)	3:30pm-7:00pm (4)	3:30pm-7:00pm (4)		8:00am-12:00pm (8)	
SWIM TEAM	4:45pm-8:00PM (4)	4:45pm-8:15PM (3)	4:45-8:15PM (4)	4:45-7:45PM (3)	5:45-8:00PM (6)		

OLD BRIDGE FAMILY YMCA
YMCA OF GREATER MONMOUTH COUNTY

1 Mannino Park Drive
Old Bridge, NJ 08857

732.727.0704
info@ymcanj.org

YMCA NJ.org



Here for all.

Financial assistance is offered
based on availability of funds.



Old Bridge Family YMCA LAP LANE AVAILABILITY

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
5am	8	8	8	8	8		
6am							
7am						2	6
8am	4	5	4	5	4		
9am							
10am							
11am							
12pm	6	6	6	6	6	6	
1pm							
2pm							
3pm		6	6	6	6	6	
4pm							
5pm							
6pm	4	5	4	5		6	
7pm							
8pm							
9pm							

- > When there are 1 or 2 lap swimmers in a lane, they may elect to split the lane in half.
- > The entrance of a third person changes the lane to 'circle' swimming format.
- > Schedules subjected to without notice.