




BAYSHORE FAMILY SUCCESS CENTER

2024

JANUARY

Resilience. Is defined as one’s ability to bounce back from negative experiences with competent functioning. For families this translates into problem solving, placing difficulties in perspective, and drawing on trusting relationships for support.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy New Year Center Closed 	2	3	4	5 10am-12pm Pop-up Baby Pantry, BFSC, Leonardo 9am-3pm Monmouth County Social Services, BFSC 10am-12pm Child Care Resources, BFSC	6
7	8 4pm Kids Cooking, Zoom	9 1pm Grandparents Group, Zoom	10 11am Community Advisory Committee Meeting	11	12	13
14	15 Martin Luther King, Jr. Day Center Closed	16	17 1:30pm-3:30pm Baby Pantry, Keansburg 3:30pm Jewelry Making, AH Library	18	19 9am-3pm Monmouth County Social Services, BFSC	20
21	22	23	24	25	26	27
28	29	30	31	<div style="background-color: #4a4a8a; color: white; padding: 10px; border-radius: 10px; display: inline-block;"> Weight Loss Awareness Month </div>		

BAYSHORE FAMILY SUCCESS CENTER
YMCA OF GREATER MOMOUTH COUNTY
 945 State Highway 36
 Leonardo, NJ 07737

LET'S CONNECT!

YMCANJ.org/bfsc
Facebook.com/BayshoreFSC

Monday & Tuesday: 9 AM – 5 PM
 Wednesday & Thursday: 11 AM – 7 PM
 Friday: 9 AM – 3 PM
 Saturday 10 AM – 12 PM





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JANUARY ACTIVITIES:

Weight Loss Awareness Month

2024



Monthly Baby Pantries:

- > **Baby Pantry** | **Friday, January 5, 10 a.m. – 12p.m.**
- > Please call the center (732-497-3811) with any questions. Supplies are limited and are on a first come first served basis. BFSC, Leonardo.
- > **Baby Pantry** | **Wednesday, January 17, 1:30 p.m. – 3:30 p.m.**
- > Pre-registration for our baby pantry is required. Please call the center at 732-497-3811 or email us at familysuccess@ymcanj.org. We are unable to fulfill walk-up/walk-in requests. St Ann's Church, Keansburg.

Support Group:

- > **Grandparent Support Group** | **Tuesday, January 9, 1 p.m.**
Join our remote grandparent support group via Zoom. Email us at familysuccess@ymcanj.org for the link.

Community Advisory Committee Meeting:

- > **Monthly Meeting** | **Second Wednesday 11 a.m.**
- > Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. They help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact familysuccess@ymcanj.org.

Life Skills:

- > **Monmouth County Social Services** | **1st and 3rd Friday at the BFSC; 3rd Wednesday during the Keansburg Baby Pantry**
We will have Social Services on site to assist and process applications for TANF, SNAP, GA, and health insurance. Contact us with any questions.
- > **Child Care Resources** | **Every 1st Friday**
We will have Child Care Resources on site to assist and process applications for child care subsidies. Contact us with any questions.
- > **Kids Cooking** | **Monday, January 8, 4 p.m.**
Are you tired of your kids ALWAYS saying that they are hungry and demanding food? Have them join us on Zoom for a hands-on live kid's basic cooking demonstration! Your kids will master the art of independent snacking. Call 732-497-3811 for the link.

Family Fun:

- > **Jewelry Making** | **Wednesday, January 17, 3:30 p.m.**
Kids 7 and over can join Debbie in making some beaded bracelets that can be given to loved one or kept for yourself! A gift made from the heart. Atlantic Highlands Library, 100 First Ave Atlantic Highlands. Pre-registration is required.

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