



**TRAUMATIC LOSS  
COALITION (TLC)**



Operated by Rutgers University Behavioral Health and funded by the NJ Department of Children & Families, Division of Children's System of Care, YMCA of Greater Monmouth County Counseling & Social Services supports schools and communities in Monmouth County that have experienced traumatic loss. On-site trauma response following a sudden loss to suicide, homicide, accident, or illness, connects over 290 TLC members (school personnel, medical personnel, clergy, mental health clinicians, juvenile justice personnel, law enforcement, social services agencies, and child welfare workers) with youth and teens to promote healing and resiliency.

**Our community-based workshops educate on prevention and child empowerment:**

- » QPR (Question. Persuade. Refer.)  
Suicide Prevention
- » NHA (Nurtured Heart Approach®)  
Behavior Inspiration
- » Understanding Trauma
- » Psychological First Aid
- » Talk Saves Lives



**» ymcanj.org/css**

**YMCA OF GREATER MONMOUTH COUNTY**



## **COUNSELING & SOCIAL SERVICES**



**The YMCA of Greater Monmouth County (GMC)** serves more than **36,000 individuals** with roots that trace back to 1874.

**Counseling & Social Services (CSS)** was formed in 1974 and is **one** of **ten Y CSS teams** across the nation.

**YMCANJ.org**



823-6729-CSS

## » OUTPATIENT



YMCA GMC licensed clinicians provide services in 101 public schools in 18 districts and at 7 satellite offices in Monmouth, Middlesex, and Ocean Counties. Their focus is mental health counseling, substance use, and psychiatric services for children and adults.

- » Young People's Counseling Program
- » In-School Young People's Counseling Program
- » Adolescent Substance Use Services: Evaluation, Counseling, Monitoring
- » Medication Evaluation and Monitoring
- » Adult Mental Health Services
- » Adult Substance Use Services: Evaluation, Program
- » Intoxicated Driver Services
- » Urine Monitoring



## » OUTREACH



Outreach professionals strengthen individuals and families through individual and family mental health therapy with licensed clinicians, behavioral assistance programs, and parent and child mentoring services.

- » Behavioral Assistance
- » Parent Coaching
- » Child Mentoring
- » Visitation Services
- » Family Engagement
- » Therapeutic Visitation
- » Foster Care Support
- » Family Support & Stabilization Services
- » Trauma Therapy
- » Life Skills Services
- » Specialized Play Therapy



## BAYSHORE FAMILY SUCCESS CENTER



Providing resources that strengthen families since 2013, the center serves a population of more than 36,000 in the towns of Keyport, Union Beach, Keansburg, Belford, Leonardo, Eastern Middletown, Atlantic Highlands, and Highlands. BFSC is a community based, family-focused gathering place where any community resident can go for family support, information, and services.

- » Access to Child, Maternal, & Family Health Services
- » Employment Related Services
- » Housing Related Services
- » Advocacy and Related Support
- » Parent Education
- » Life Skills

