



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RED BANK FAMILY YMCA GYMNASIUM SCHEDULE JANUARY 1–FEBRUARY 24 FEBRUARY 27– APRIL 23

KEY:
(F) Full Gym
(A) Side A – left side of gym
(B) Side B – right side of gym

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
FULL OPEN GYM	5:00a – 10:00am 1:00 – 4:45pm 7:00 – 9:00pm	5:00a – 9:00a 1:00p–6:30pm	5:00a – 10:00am 1:00 – 9:00pm	5:00a–9:00am 12:00p–6:00pm	5:00a–10:00am 11:00a–5:00pm 7:30–9:00pm	6:00a– 5:00pm	6:00a–9:00am 12:00p–5:00pm
HALF (A) OPEN GYM	4:00–6:30pm (A)						
PICKLEBALL LESSONS (in the gymnasium)	Pickleball Lessons 11:00am–1:00pm	Pickleball Lessons 11:00am–1:00pm	Pickleball Lessons 11:00am–1:00pm				Pickleball Lessons 9:00am–12:00pm
PROGRAM	Senior Fitness 10:00–11:00am Live Y'ers Youth Programs (B) 4:45–7:00p	Open Pickleball 9:00–11:00am Adult Pickup Basketball 6:30–9:00pm	Senior Fitness 10:00–11:00am Red Bank Charter Basketball Games 3:30–6:00p *Games on 1/3, 1/10, 1/17, 1/24, & 1/31	Open Pickleball 9:00–11:00am Homeschool En- richment 11:00a– 12:00p Adult Volleyball League 6:00–9:00pm	Senior Fitness 10:00–11:00am Futsal League 5:00–7:30pm		
BIRTHDAY PARTY AND SPECIAL EVENTS	<i>Birthday parties and other gym events present intermittent outliers to this schedule, predominantly on Fri/Sat/Sun. Please contact the Welcome Desk for more information.</i>						

The gymnasium schedule is subject to change. Please visit the YMCA Daxko App for the most up to date information.