EMPOWERING WELLNESS, ONE GIFT AT A TIME



A special-priced 3-MONTH YMCA MEMBERSHIP FOR THE PRICE OF 2 MONTHS gives individuals and

families an affordable way to be active and share the gift of good health with loved ones.

GIFT OF HEALTH MEMBERSHIP INCLUDES:

- No Joiner Fee or Contract
- State of the Art Fitness Equipment & Classes
- Expanded Hours & Amenities
- **Healthy Activities for All Ages & Abilities**
- Full Access to 3 Branches in Freehold, Old Bridge & Red Bank

PROMOTION WILL RUN NOV. 24-DEC. 31, 2023

Gift of Health memberships purchased online start immediately.

Gift of Health gift certificates for yourself or others must be purchased and activated in person at the Welcome Desk.

Gift memberships must be redeemed by MAR. 31, 2024.



Learn more at >> ymcanj.org/giftofhealth

YMCA OF GREATER MONMOUTH COUNTY

Freehold Family YMCA 470 East Freehold Road Freehold, NJ 07728 732.462.0464 Old Bridge Family YMCA 1 Mannino Park Drive Old Bridge, NJ 08857 732.727.0704

Red Bank Family YMCA 166 Maple Avenue Red Bank, NJ 07701 732.741.2504

YMCANJ.org

023-7007.01-THQ

Here for all. Financial assistance is offered based on availability of funds.