



# RED BANK FAMILY YMCA POOL SCHEDULE FALL 2: October 30– December 24, 2023

(B) – BODMAN POOL (H) –HUBER POOL

(#) LANES AVAILABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM BODMAN	5:00am–8:00am (6) 8:00am–9:00am (5) 9:00am–10:00am (3) 10:00am–4:00pm (6) 4:00pm–5:00pm (1)	5:00am–9:00am (6) 9:00am–10:00am (3) 10:00am–10:45am (5) 10:45am–11:30am (4) 11:30am– 4:00pm (6) 4:00pm–5:00pm (1)	5:00am–9:00am (6) 9:00am–10:00am (3) 10:00am–4:00pm (6) 6:30pm–7:30pm (1)	5:00am–8:30am (6) 8:30am–9:00am (5) 9:00am–10:00am (2) 10:00am–10:45am (6) 10:45am–11:30am (4) 11:30am–12:00pm (5) 12:00pm–4:00pm (6)	5:00am–9:00am (6) 9:00am–10:00am (3) 10:00am–4:00pm (6)	6:00am–7:00am (6) 7:00am–9:00am (3) 9:00am–10:30am (2) 11:00am–12:00pm (3) 12:00pm–1:00pm (3)	6:00am–8:00am (6) 8:00am– 4:45pm (5)
OPEN SWIM HUBER	8:00am–9:00am 11:30am–4:00pm 7:30pm –8:45pm	8:00am–9:00am 12:00pm–4:00pm 7:15pm–8:45pm	8:00am–9:00am 11:30am–4:00pm 6:30pm–8:45pm	8:00am–9:00am 12:00pm–4:00pm 7:15pm–8:45pm	8:00am–10:00am 11:00am–8:45pm	8:00am–9:00am 12:15pm–4:45pm	8:00am–4:45pm
AQUA FITNESS	9:00am–10:00am (B) 6:30pm–7:30pm (H)	9:00am–10:00am (B) 11:00am–12:00pm (H) 6:15pm–7:15pm (H)	9:00am–10:00am (B)	9:00am–10:00am (B) 11:00am–12:00pm (H) 6:15pm–7:15pm (H)	9:00am–10:00am(B) 10:00am–11:00am (H)	9:00am–10:00am (B) 10:00am–11:00am (B)	
SWIM LESSONS	9:00am–11:30am (H) 4:00pm– 6:30pm (B) 4:00pm–6:30pm (H)	9:00am–10:40am (H) 10:45am–11:30am (B) 4:00pm–6:15pm (B) 4:00pm–6:15pm (H)	9:00am–11:30am (H) 4:00pm–7:30pm (B) 4:00pm –6:30pm (H)	9:00am–10:40am (H) 10:45am–11:30am (B) 4:00pm–7:00pm (B) 4:00pm–6:15pm (H)		9:00am–12:15pm (H) 9:00am–1:00pm (B)	
MASTERS SWIM				7:00pm–8:30pm (B)		7:00am–8:30am (B)	
PRIVATE LESSONS	For inquiries, please contact Aquatics Coordinator, Mikey Ryan, <a href="mailto:mryan@ymcanj.org">mryan@ymcanj.org</a>						
SWIM TEAM	4:00pm–8:45pm (B)	4:00pm–8:45pm (B)	4:00pm–9:15pm (B)	4:00pm–8:45pm (B)	4:00pm–8:45pm (B)	1:00pm–4:45pm (B)	

**\*Aquatic program needs present intermittent outliers to this schedule. Please check our app for live updates. \***