

# HEALING COMMUNITY



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA COUNSELING & SOCIAL SERVICES TRAUMATIC LOSS COALITION

**THE TRAUMATIC LOSS COALITION** led by YMCA of Greater Monmouth County's Counseling & Social Services is a year-round, statewide program with a dual mission to:

- » Provide support for schools and communities who have experienced traumatic loss due to suicide, homicide, accident, or illness.
- » Work together to help prevent suicide, the second leading cause of death among young people ages 10 to 14 and third leading cause of death among young people ages 15 to 24, in the US, according to the Centers for Disease Control and Prevention\*



The YMCA of Greater Monmouth County TLC is made up of over 290 members including school personnel, medical personnel, clergy, mental health clinicians, law enforcement officials, juvenile justice personnel, social service agencies, and child welfare workers. TLC is operated by Rutgers University Behavioral Healthcare and funded by the New Jersey Department of Children & Families Division of Family and Community Partnerships, Office of School Linked Services.

### Services offered by TLC include:

- » Consultation
- » On-site response
- » Training for school and community-based organization personnel who work with youth.

### JOIN 2024 TLC MEETINGS

Human Service Building,  
3000 Kozloski Rd., Freehold

JAN. 11 | APR. 11  
| OCT. 10

Virtually

JULY 11

For more information,  
visit [ymcanj.org/TLC](https://ymcanj.org/TLC)

\* <https://wisqars.cdc.gov/data/lcd/home>

### YMCA OF GREATER MONMOUTH COUNTY

Counseling & Social Services  
613 Hope Road Building 4, 2<sup>nd</sup> Floor  
Eatontown, NJ 07724

732.544.4544  
[outreach@ymcanj.org](mailto:outreach@ymcanj.org)

[YMCA NJ.org/TLC](https://ymcanj.org/TLC)  
f t i n y o

Here for all.  
Financial assistance is offered  
based on availability of funds.

1023-6938-CSS

**THE TRAUMATIC LOSS COALITIONS FOR YOUTH PROGRAM (TLC)** is New Jersey's primary suicide prevention program and offers training, collaboration, and support to professionals working with school-age youth from a variety of disciplines. Meetings provide up-to-date knowledge about mental health issues, suicide prevention, trauma response, and resiliency enhancement.



The TLC has operated as a county-based collaborative since 2000 with a TLC Coordinator in each county. These County Coordinators provide Coalition meetings throughout the year bringing together TLC team members. These meetings are effective forums for reviewing crisis events, identifying service needs, and providing professional development through the inclusion of an educational presentation.

The TLC Coordinators also work within their counties to develop and support a Leader Response Team (LRT). These LRT teams remain available to assist schools when needed following a traumatic loss event. The members of these teams utilize evidence-based approaches to trauma response.

**As a measure of prevention, parents or guardians concerned for their child are encouraged to consider the following:**

- » Be open to noticing changes in behavior such as isolation or shifting from outgoing to reserved, and changes in friends.
- » Ask your child/teen about changes you have observed. Using statements such as "I noticed" can be helpful.
- » Get involved & seek professional help.

Parents who are concerned that their child might be thinking of taking their own life should call **Monmouth County Psychiatric Emergency Screening Services** at **732.923.6925**.



**Contact our YMCA of Greater Monmouth County TLC Team for more information by calling >> 732.956.7782**