

HERE FOR ALL



FREEHOLD FAMILY YMCA MEMBERSHIP GUIDE

WELCOME TO YOUR Y

When you join the Y, you're committing to more than simply becoming healthier. You are supporting the values and programs that strengthen your community. You are coming together with men, women and children from your community who are committed to youth development, healthy living and social responsibility.

JOIN THE Y | Membership Pricing*

MEMBERSHIP TYPE	JOINER'S FEE	MONTHLY FEE
Family ¹	\$100	\$97
2-Person Senior ²	\$100	\$82
Adult (ages 27-61)	\$50	\$61
Senior (ages 62+)	\$50	\$45
Young Adult (ages 18-26)	\$25	\$38
Teens (ages 13-17)	\$25	\$25
Youth (ages 12 & under)		\$175 [annual]

* Prices subject to change.

¹ Up to 2 adults and all dependents' ages 26 & under, living in the same household.

² 2 seniors 62+, living in the same household.

View our rates online [» ymcanj.org/membership](https://ymcanj.org/membership)

HERE FOR ALL | Financial Assistance

YMCA of Greater Monmouth County is dedicated to helping all community members access facilities and programs that nurture potential and help families to live healthier together. We welcome all to the Y, regardless of the ability to pay.

Our scholarship program based on household financial need is funded through the generosity of YMCA donors. To ensure we are responsible stewards of available funds and compliant with tax-exempt requirements, we ask our applicants to provide documentation to verify household income. Express verification is available to individuals enrolled in several other government assistance programs.

Every member can feel confident that the Y serves the community equitably, sensitively and with care for the well-being of all.

Visit [» ymcanj.org/FA](https://ymcanj.org/FA) for a financial assistance application.

HOURS OF OPERATION

Regular Hours

Mon-Fri: 5 A.M.-9 P.M.

Sat & Sun: 7 A.M.-5 P.M.

For holiday hours visit [» ymcanj.org](https://ymcanj.org)



HEALTHY TOGETHER

At the Y, children learn what they can achieve, families spend quality time together, and we all build relationships that deepen our sense of belonging. We encourage members to enjoy open swim, gym time and family events that encourage active lifestyles and fun.

BE OUR GUEST

TRY YOUR Y!

Show this at the Welcome Center to receive a 1-week guest pass to the Freehold Family Y.

Limit one free trial per family per year. Contact the Welcome Center for usage restrictions, conditions and terms of use.

STAY CONNECTED

Information on programs, events and facility closures will be shared with Members through our Mobile App, Social Media and [» ymcanj.org](https://ymcanj.org). Members may also call 732.462.0464 for a recorded message.



Download the Y App!



[» ymcanj.org/connect](https://ymcanj.org/connect)

YMCA OF GREATER MONMOUTH COUNTY

Freehold Family YMCA
470 East Freehold Road
Freehold, NJ 07728

732.462.0464
info@ymcanj.org

YMCA.NJ.org

523-5362-FHY

Here for all.
Financial assistance is offered based on availability of funds.

YOUR MEMBER EXPERIENCE

The Y is here to support the health and well-being of all. As a Member, you'll find wellness programs and activities for all ages, interests and abilities – from quality swim lessons for kids and adults, to a wide variety of classes that help everyone feel their best.

Your Y membership includes:

- » Member savings on programs and priority registration
- » Free wellness orientation
- » Guest Passes
- » Member appreciation events
- » Wellness seminars
- » Monthly e-newsletter
- » Indoor and outdoor pools
- » Steam rooms & saunas
- » Indoor running/walking track
- » Full gymnasium
- » Free racquetball & pickleball
- » State-of-the-art Wellness Center
- » Welcoming lobby with WI-FI
- » Separate adult and youth locker rooms
- » Free interchangeable group cycling, mind/body, aquatic & land fitness classes
- » Full access to other YMCA of Greater Monmouth County branches
- » Visitation privileges at participating Y locations nationwide



MORE THAN A MEMBER

Over the last 5 years our Y has provided more than \$5MM in financial assistance and subsidies for deserving kids and families to access fitness, wellness and prevention programs, summer camp experiences, preschool, before and after school care, swim safety, therapeutic counseling, teen development, college tours and social support.

SUPPORT THE ANNUAL CAMPAIGN

Your dues operate our facility. Your gift changes lives.

- » \$50 can keep a child water safe.
- » \$100 can send a teen on a college tour.
- » \$500 can ensure a child is active and safe after school.
- » \$1,000 can send a child to summer camp.
- » \$5,000 helps to create a strong foundation for kids and families.

Learn about our giving opportunities and how to support at » ymcanj.org/donate.



#BeCause Y

We're stronger together. Contact the Welcome Center or visit [YMCA nj.org](https://ymcanj.org) for more information on financial assistance, or to donate, join or volunteer in support of others.

