

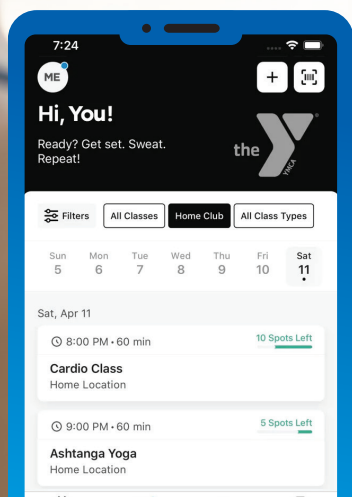
MEET OUR NEW FREE YMCA MOBILE FITNESS APP!



- » View schedules and receive notifications, facility updates, and alerts
- » Fast, touchless scan into all Y branches
- » View all group exercise classes by branch, type or instructor
- » Reserve your spot when required in a group fitness class, lap pool lane or court
- » Track your workouts and progress toward goals
- » Participate in fun, fitness challenges with others
- » Learn about personal training to level up your fitness

Follow these simple steps to set up the **NEW YMCA Mobile Fitness App**:

- 1** Search "YMCA of Greater Monmouth County" and download from iTunes for iPhone or Google Play for Android.
- 2** Ensure you have an email associated with your YMCA member profile. If you don't have an email associated with your member profile or are unsure, contact membership@ymcanj.org.
- 3** Set notification and location preferences.
- 4** Open the App and sign in with your email address and password. If you can't remember your password, click **Forgot Password?** and select an option to receive a link to reset your password. If you need assistance, contact membership@ymcanj.org.
- 5** If you were using the previous YMCA App, uninstall that version. Even though you will need to download a new App, the schedules, features and functions available in the App today will not be affected. Our old app will be available in app stores for a short time, so be sure to update soon.



YMCA OF GREATER MONMOUTH COUNTY

523-6825-THQ

Freehold Family YMCA
470 East Freehold Road
Freehold, NJ 07728
732.462.0464

Old Bridge Family YMCA
1 Mannino Park Drive
Old Bridge, NJ 08857
732.727.0704

Red Bank Family YMCA
166 Maple Avenue
Red Bank, NJ 07701
732.741.2504

YMCANJ.org
f t i y t u

Here for all.
Financial assistance is offered based on availability of funds.