

NURTURED HEART APPROACH® WORKSHOP



The Y proudly invites parents, care-givers and educators to learn powerful NHA tools that help children use their energy successfully.



The **Nurtured Heart Approach®** is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success.



YMCA of Greater Monmouth County
613 Hope Road, Bldg 4, 2nd Fl, Eatontown, NJ
July 19, 2023 | 1-4 P.M.
July 20, 2023 | 1-4 P.M.

Refreshments will be provided.
Certificates will be issued after workshop completion.
Attendance at both training dates is required for the certificate of completion.

Facilitated by NHA Certified Trainer, **Talesha McLawhorn**.
To register for this free workshop, email
tmclawhorn@ymcanj.org



Funded by The Horizon
Foundation for New Jersey

ymcanj.org

YMCA OF GREATER MONMOUTH COUNTY

Counseling & Social Services
166 Main Street
Matawan, NJ 07747

732.290.9040
outreach@ymcanj.org

[YMCANJ.org](https://ymcanj.org)

723-6327.02-CSS

Here for all.
Financial assistance is offered
based on availability of funds.