



## MAY

**Social & Emotional Competence.** Studies show that children who possess high social and emotional competence are more confident in school and have more friends, leading to more success navigating relationships in personal and professional lives.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Mental Health Awareness Month</b>						
	<b>1</b> <b>3:30 pm</b> Jewelry Making Union Beach Library (7 and over)	<b>2</b> <b>10:00 am</b> Beginner Computer Class, AH Library	<b>3</b> <b>10am-2pm</b> Utility Assistance, NJ Natural Gas, BFSC	<b>4</b>	<b>5</b> <b>10am-12pm</b> Baby Pantry <b>9am-3pm</b> Monmouth County Social Services, BFSC	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> <b>1pm</b> Grandparents Group, Zoom	<b>10</b> <b>11am</b> Community Advisory Committee Meeting	<b>11</b> <b>11am-6pm</b> Bathing Suit Event <b>4:00pm</b> Kids Cooking, Zoom	<b>12</b>	<b>13</b> <b>10:30 am</b> Mother's Day Tea
<b>14</b> <b>Mother's Day</b> 	<b>15</b>	<b>16</b>	<b>17</b> <b>1:30-3:30pm</b> Pop-up Baby Pantry, St. Ann School Gym, Keansburg	<b>18</b> <b>4pm-7pm</b> Nurtured Heart Approach Training, BFSC	<b>19</b> <b>9am-3pm</b> Monmouth County Social Services, BFSC	<b>20</b> <b>10am-1pm</b> Nurtured Heart Approach Training, BFSC
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> <b>5:30 pm</b> Family Fun Night, BFSC	<b>25</b>	<b>26</b>	<b>27</b> <b>Center Closed</b>
<b>28</b>	<b>29</b> <b>Memorial Day</b> Center Closed 	<b>30</b>	<b>31</b>			

BAYSHORE FAMILY SUCCESS CENTER  
YMCA OF GREATER MOMOUTH COUNTY

945 State Highway 36  
Leonardo, NJ 07737

732.497.3811  
familysuccess@ymcanj.org

LET'S CONNECT!



YMCANJ.org/bfsc  
Facebook.com/BayshoreFSC

Monday & Tuesday: 9 AM – 5 PM  
Wednesday & Thursday: 11 AM – 7 PM  
Friday: 9 AM – 3 PM  
Saturday 10 AM – 12 PM



The Center is operated by YMCA of Greater Monmouth County and funded by the New Jersey Division of Family and Community Partnerships.

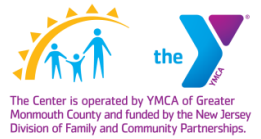


# BAYSHORE FAMILY SUCCESS CENTER

## MAY ACTIVITIES:

### Mental Health Awareness Month

2023



#### First Fridays/Baby Pantry:

- > Pop-Up Baby Pantry – BFSC, Leonardo | Friday, May 5, 10 a.m. – 12 p.m.
- > Please call the center (732.497.3811) with any questions. Supplies are limited and are on a first come first serve basis. BFSC, Leonardo
- > Pop-Up Baby Pantry – Church of St. Ann, Keansburg | Wednesday, May 17, 1:30 – 3:30 p.m.  
Registration is required. Please call or email us to register. We will be unable to fulfill walk-up request.

#### Support Groups:

- > Grandparents Group | Tuesday, May 9, 1 p.m.  
Join our remote grandparents' group via Zoom. Email us for the link.

#### Community Advisory Committee Meetings:

Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. They help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact [aguagealiperti@ymcanj.org](mailto:aguagealiperti@ymcanj.org).

#### Life Skills:

- > Utility Assistance | Wednesday, May 3, 4p.m.-6p.m.  
NJ Natural Gas will be available to complete applications for NJ Shares and link you to other utility assistance programs.
- > Bathing Suit Event | Thursday, May 11, 11 a.m.-6 p.m.  
Summer season is upon us! Join us at the center for our bathing suit and summer essential event! We have new women's bathing suits as well as some summer essentials. BFSC
- > Kids Cooking | Thursday, May 11, 4 p.m.  
Join us on Zoom for a hands-on live kid's basic cooking demonstration, taught by a kid! Click to join: <https://zoom.us/j/88920736674>
- > Nurtured Heart Workshop | Thursday, May 18, 4 p.m-7p.m.; Saturday May 20, 10a.m.-1p.m.  
Nurtured Heart is a relationship focused methodology designed to help children and adults build confidence and help awaken their child's innate greatness while facilitating positive parenting. Pre-registration is required. Dinner will be served on 5/18 and breakfast on 5/20.

#### Family Fun!:

- > Mother's Day Tea | Saturday, May 7, 10:30 a.m.  
Come by the center on and make a special bracelet or necklace for the special someone in your life. All ages welcome. Children under 8 must have adult support.
- > Jewelry Making | Monday, May 1, 3:30 p.m.
- > Kids 7 and over can join Debbie in making some beaded bracelets that can be given to loved ones for the holiday. A gift made from the heart. Union Beach Memorial Library, 810 Union Ave Union Beach

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