



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



American
Red Cross

CPR, AED, FIRST AID & OXYGEN

Be prepared for an emergency. Get certified in lifesaving procedures that can double or triple chances of survival after a cardiac event. Open to ages 15+ yrs.

› Old Bridge Family YMCA

Sun., February 26: 10 a.m-2p.m.

› Freehold Family YMCA

Sun., January 29: 10 a.m.-2 p.m.

Sun., March 12: 10 a.m-2p.m

Members: \$88

Non-Members: \$118



For more information or questions, contact: Christina Huang at chuang@ymcanj.org

YMCA OF GREATER MONMOUTH COUNTY

Freehold Family YMCA
470 East Freehold Road
Freehold, NJ 07728
732.462.0464

Old Bridge Family YMCA
1 Mannino Park Drive
Old Bridge, NJ 08857
732.727.0704

Red Bank Family YMCA
166 Maple Avenue
Red Bank, NJ 07701
732.741.2504

YMCA NJ.org

Here for all.
Financial assistance
is offered based on
availability of funds.