

NURTURED HEART APPROACH® WORKSHOP



The Y proudly invites parents, care-givers and educators to learn powerful NHA tools that help children use their energy successfully.



The **Nurtured Heart Approach®** is a relationship-focused methodology founded strategically in The 3 Stands™ for helping children (and adults) build their Inner Wealth® and use their intensity in successful ways. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success.



Bayshore Family Success Center
945 State Hwy 36, Leonardo, NJ 07737

May 18, 2023 | 4-7 P.M.

May 20, 2023 | 10 A.M.-1 P.M.

Refreshments will be provided.

Certificates will be issued after workshop completion.

Attendance at both training dates is required for the certificate of completion.

Facilitated by NHA Certified Trainer, **Talesha McLawhorn**.
To register for this free workshop, email
tmclawhorn@ymcanj.org



Foundation for New Jersey

Funded by The Horizon
Foundation for New Jersey

ymcanj.org

YMCA OF GREATER MONMOUTH COUNTY

Counseling & Social Services

166 Main Street
Matawan, NJ 07747

732.290.9040
outreach@ymcanj.org

[YMCA NJ.org](https://ymcanj.org)



523-6327.02-CSS

Here for all.

Financial assistance is offered
based on availability of funds.