

# ADULT INTENSIVE OUTPATIENT PROGRAM



## Counseling & Social Services:

The YMCA of Greater Monmouth's substance abuse Intensive Outpatient Program (IOP) addresses addiction issues while helping each individual explore the factors contributing to their illness and to identify all the measures necessary to sustain recovery, once it is achieved.

5

**Monday, Tuesday and Thursday  
6–8 P.M.**

## DRUG-FREE MODEL

- > Medicaid, private insurance, and self-pay.
- > Sliding scale fees based on income.
- > State funding based on eligibility.



Recovery Maintenance  
Group meets  
Thursday 7:30–9 P.M.

Family Support Group  
meets monthly.

Psychiatric evaluation  
and medication  
monitoring available.

To access services or learn more,  
call **732.290.9040, ext. 0**

**The Y. For A Better Us.™**

**> ymcanj.org**

### COUNSELING & SOCIAL SERVICES OUTPATIENT OFFICE

YMCA OF GREATER MONMOUTH COUNTY

166 Main Street  
Matawan, NJ 07747

732.290.9040  
outpatient@ymcanj.org

YMCA NJ.org

922-5441.02-CSS

### Here for all.

Financial assistance is offered  
based on availability of funds.