



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RED BANK FAMILY YMCA GYMNASIUM SCHEDULE APRIL 25 - JUNE 19

KEY:
 (F) Full Gym
 (A) Side A - left side of gym
 (B) Side B - right side of gym

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
FULL OPEN GYM	6:00 - 10:00am 11:00 - 12:00pm 1:30 - 4:30pm 5:15-9:00pm	6:00am-9:00pm	6:00 - 10:00 am 11:00 - 12:00 pm 1:30 - 9:00pm	6:00am-6:30pm	6:00-10:00 am 11:00-12:00 pm 1:30-6:00 pm	6:00 - 10:30am 11:30 - 2:00pm	7:00 - 12:00 am
HALF (A) OPEN GYM	4:30-5:15pm (A)						
LUNCH BREAK BASKETBALL	12:00-1:30 pm		12:00-1:30 pm		12:00-1:30 pm		
PROGRAM	Senior Fitness 10:00-11:00am Basketball Clinic (B) 4:00-5:30pm		Senior Fitness 10:00-11:00am	Adult Volleyball 6:30-9:00pm	Senior Fitness 10:00-11:00am	Boot Camp 10:30-11:30	
BIRTHDAY PARTY	For Birthday Party information and reservations, please contact Fatima Carranza at: 732.741.2504, ext. 232						