



## FREEHOLD FAMILY YMCA POOL SCHEDULE APRIL 4TH-JUNE 19TH

**POOL KEY:**  
(D#) Dittmar #/lanes

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>LAP SWIM</b>	5:00am-9am(D6) 9am-11am(D2) 11am-4pm(D4) 4pm-4:15pm(D5) 4:15pm-5:45pm(D2) 5:45pm-6:15pm(D3) 6:15pm-7:30p(D1)	5:00am-8am(D6) 8am-9am(D3) 9am-10am(D2) 10am-11am(D5) 11am-4pm(D4) 4pm-4:30pm(D5) 4:30-5:15pm(D2) 5:15pm-8:30pm(D1) 8:30pm-8:45pm(D6)	5:00am-9am(D6) 9am-11am(D2) 11am-4pm(D4) 6:15pm-7:45pm(D1) 7:45pm-8:45pm(D4)	5:00am-8am(D6) 8am-10am(D3) 10am-4pm(D4) 4pm-5:30pm(D3) 5:45pm-8:45pm(D2)	5:00am-9am(D6) 9am-11am(D2) 11am-5pm(D4) 5pm-5:45pm(D1)	8am-8:30am(D5) 8:30am-9am(D3) 9am-10:45am(D4) 10:45am-12pm(D3) 12pm-1:45pm(D2) 1:45pm-2:45pm(D4)	8am-2:45pm(D4)
<b>OPEN SWIM</b>	11am-4pm	11am-4pm	11am-4pm 7:45pm-8:45pm	10am-4pm	11am-4pm 4pm-5pm	1:45pm-2:45pm	8am-2:45pm
<b>AQUA FITNESS</b>	9am-10am 10am-11am	8am-9am 9am-10am	9am-10am 10am-11am	8am-9am 9am-10am	9am-10am 10am-11am		
<b>YOUTH SWIM LESSONS</b>	4pm-5:50pm	4pm-6:35pm	4pm-6:15pm	4pm-5:45pm		8am-11:45am	
<b>SWIM TEAM</b>	4:15pm-9pm	4:30pm-8:30pm	4pm-7:45pm	5:30pm-8:45pm	5pm-8:15pm		

If interested in availability, scheduling, and pricing, please contact Megan Mansfield at [mmansfield@ymcanj.org](mailto:mmansfield@ymcanj.org)

### FREEHOLD FAMILY YMCA YMCA OF GREATER MONMOUTH COUNTY

470 East Freehold Road  
Freehold, NJ 07728

732.462.0464  
[info@ymcanj.org](mailto:info@ymcanj.org)

[YMCA.NJ.org](http://YMCA.NJ.org)

### Here for all.

Financial assistance is offered  
based on availability of funds.



**Freehold Family YMCA  
LAP LANE AVAILABILITY  
APRIL 4TH-JUNE 19TH**

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
5am				<b>6</b>	<b>6</b>		
6am		<b>6</b>	<b>6</b>				
7am	<b>6</b>						
8am		<b>3</b>		<b>3</b>	<b>2</b>	<b>5</b>	<b>4</b>
9am	<b>2</b>	<b>2</b>	<b>2</b>		<b>2</b>	<b>3</b>	
10am		<b>5</b>				<b>4</b>	
11am						<b>3</b>	
12pm	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>2</b>	
1pm						<b>4</b>	
2pm							
3pm	<b>5</b>	<b>5</b>	<b>1</b>				
4pm	<b>2</b>	<b>2</b>			<b>1</b>		
5pm	<b>3</b>			<b>3</b>			
6pm	<b>1</b>	<b>1</b>	<b>1</b>				
7pm				<b>2</b>			
8pm			<b>6</b>				
9pm							

- > When there are 1 or 2 lap swimmers in a lane, they may elect to split the lane in half.
- > The entrance of a third person changes the lane to 'circle' swimming format.