IT'S NEVER TOO LATE TO LEARN

Adult Swim Lessons

Whether overcoming fear of the water or refining your swim stroke skills for better fitness, it's never too late to enjoy the fun and health benefits of swimming.

The Y is here to help you learn to swim confidently, in a supportive environment!

WINTER SESSION 2021

JANUARY 3– FEBRUARY 27 2021 (NO TUESDAY CLASS 1/18)

Adult Beginner Lessons		Fee	
Tuesday 5:15pm-6:00pm	7wks	Member: $105	Non Member: $161
Saturday 8:15am-9:00am	8wks	Member $120	Non Member: $184

Registration starts:

Family Members Dec. 6 | Other Members Dec. 9 | Non Members Dec. 13

For questions and additional information, contact John Foster at jfoster@ymcanj.org.

OLD BRIDGE FAMILY YMCA
YMCA OF GREATER MONMOUTH COUNTY
1 Mannino Park Drive
Old Bridge, NJ 08857
732.727.0704
info@ymcanj.org
YMCANJ.org

Here for all.
Financial assistance is offered based on availability of funds.