



# GOOD HEALTH IS THE GREATEST GIFT!

## UNWRAP A ONE MONTH Y MEMBERSHIP, GET ONE MONTH FREE

The Y brings wellness and people together. This holiday season **give the gift of health** to yourself or those you care about. Purchase online or in person.

### GIFT OF HEALTH MEMBERSHIP INCLUDES:

- ❄️ **NO Joiner Fee or Contract**
- ❄️ **In Person & Virtual Fitness Classes**
- ❄️ **Expanded Hours & Amenities**
- ❄️ **Healthy Activities For All Ages & Abilities**
- ❄️ **Full Access To 3 Branches in Freehold, Old Bridge & Red Bank**



Gift memberships must be activated by **JUNE 30, 2022.**



Learn more at [ymcanj.org/giftofhealth](https://ymcanj.org/giftofhealth)

#### YMCA OF GREATER MONMOUTH COUNTY

Freehold Family YMCA  
470 East Freehold Road  
Freehold, NJ 07728  
732.462.0464

Old Bridge Family YMCA  
1 Mannino Park Drive  
Old Bridge, NJ 08857  
732.727.0704

Red Bank Family YMCA  
166 Maple Avenue  
Red Bank, NJ 07701  
732.741.2504

YMCA NJ.org

1120-5883-THQ

**Here for all.**  
Financial assistance is offered based on availability of funds.