



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPEED UP YOUR GAME!

Join us for Basketball Agility & Skills Training!

The Basketball Agility & Skills Training is a seven-week program that will help develop fundamental skills such as dribbling, defense, shooting and lay ups. Participants will also learn to develop sportsmanship, team comradery and leadership.

- > **Wednesdays | October 27 - December 15***
Ages 8-10: 5:00-6:00 p.m.
Ages 11-13: 6:00-7:00 p.m.

\$100 for Members

\$130 for Non-Members

*No class November 24



To register or for more information, contact bjohnson@ymcanj.org.

FREEHOLD FAMILY YMCA

YMCA OF GREATER MONMOUTH COUNTY

470 East Freehold Road
Freehold, NJ 07728

P. 732.462.0464
membership@ymcanj.org

YMCANJ.org



Here for all.

Financial assistance is offered
based on availability of funds.