

IT'S NEVER TOO LATE TO LEARN



Adult Swim Lessons

Whether overcoming fear of the water or refining your swim stroke skills for better fitness, it's never too late to enjoy the fun and health benefits of swimming.

The Y is here to help you learn to swim confidently, in a supportive environment!



FALL 2 SESSION 2021 OCTOBER 25 - DECEMBER 19 (No classes November 25-28)

Adult Beginner Lessons

Tuesday 5:30 - 6:15 p.m.
Saturday 8:00 - 8:45 a.m.

Fee

Member: \$176
Non Member: \$272



Registration starts:

Family Members Oct. 11 | Other Members Oct. 14 | Non Members Oct. 18

For questions and additional information, contact John Foster at jfoster@ymcanj.org.

OLD BRIDGE FAMILY YMCA
YMCA OF GREATER MONMOUTH COUNTY
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Old Bridge, NJ 08857

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YMCANJ.org

Here for all.

Financial assistance is offered based on availability of funds.