

**YMCA of Greater Monmouth County
Facility Use Guidelines for Members and Guests**

Member/Guest Age	Applicable Membership Type	Facility	Aquatics	Wellness Center
12 and under	Youth, Family	Must be accompanied by a responsible adult when in the building and not participating in YMCA programs		
6 and older	Youth, Family	Should use gender specific locker rooms or gender neutral dressing room		
8 and under Not on swim team	Youth, Family		Must be accompanied by responsible adult in the water and remain within arm's reach of the adult	
9 to 12 years Not on swim team	Youth, Family,		Responsible adult must be on the pool deck. Children who have not successfully passed the swim test must be accompanied by an adult in the water	
Ages 13 and over	Teen, Family		Children who have successfully passed the swim test do not need to be accompanied by an adult on the pool deck	
Ages 10-11	Youth, Family			May use cardio equipment, parent/guardian needs to be present
Ages 12-13	Youth, Teen, Family			May use cardio, strength machines and light dumbbells. Parent and child must participate in orientation with staff prior to use
Age 14 and older	Teen, Family			May use all equipment