

GREATER MONMOUTH COUNTY BEHAVIORIAL HEALTH COMMUNITY RESOURCES



CALL TO REPORT ABUSE

1-877-NJ ABUSE (652-2873)

24 hours a day - 7 days a week

Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report it to the Division of Child Protection and Permanency (formerly DYFS). Calls can be made anonymously. Anyone who makes a good faith report based on reasonable grounds is immune from prosecution.



RESOURCES FOR HEALING

Perform Care

1-877-652-7624

Call this number to find out about services for children and teens with emotional and behavioral health care challenges and their families.

YMCA of Greater Monmouth County Outpatient Services

(732) 290-9040

Provides mental health counseling and substance abuse services for children, adolescents and adults.

Monmouth County Counseling Locations Include:

- > Asbury Park School District
- > Eatontown Public Schools
- > Freehold Borough School District
- > Freehold Township School District
- > Howell Township Public Schools
- > Keansburg School District
- > Keyport Public Schools
- > Long Branch Public Schools
- > Matawan-Aberdeen Regional School District
- > Middletown Township Public Schools
- > Neptune Township School District
- > Red Bank Borough Public Schools
- > Union Beach School District

YMCA Outpatient Sites:

- > Matawan Outpatient Office
- > Eatontown Outreach Office
- > Temple Shalom, Aberdeen
- > Union Beach Memorial Library
- > VNA Children & Family Health Institute, Freehold



CRISIS SERVICES

Mobile Response

to access Mobile Response call

1-877-652-7624



HELPLINES

National Suicide Prevention Life Line

1-800-273-8255
or text 741741

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

2nd Floor Youth Helpline

1-888-222-2228

This is a youth helpline serving all youth and young adults in New Jersey. Youth who call are assisted with their daily life challenges. Anonymity and confidentiality are assured except in life-threatening situations.

Family Helpline

1-800-THE-KIDS (843-5437)

A hotline for families who are trying to prevent a crisis from occurring. Parents may be provided with parenting resources and community referrals.



ADDITIONAL RESOURCES

Bayshore Family Success Center

(732) 497-3811

Monmouth Family Support Organization Family Based Services

(732) 571-3272

Statewide Parent Advocacy Network (SPAN)

1-800-654-SPAN (7726)

County Mental Health Board

Monmouth Co. Div. of Behavioral Health

(732) 431-6451

** For additional information and to access services call (732)290-9040

YMCA OF GREATER MONMOUTH COUNTY

Counseling & Social Services

166 Main Street
Matawan, NJ 07747

732.290.9040

counseling@ymcanj.org

YMCA.NJ.org



621-4881-CSS

Here for all.

Financial assistance is offered
based on availability of funds.