

Get back to good health at the Y this summer with a 3-month summer membership.

- > No Contract, No Commitment
- Unlimited Fitness Classes
- Outdoor Fitness
- > Swim & Aqua Fitness
- > Access to Freehold Y Outdoor Swim Club

Freehold | Old Bridge | Red Bank

> Join today at ymcanj.org



ALL ACCESS TO 3 BRANCHES

YMCA OF GREATER MONMOUTH COUNTY

170 Patterson Avenue Shrewsbury, NJ 07702

732.671.5505 info@ymcanj.org

YMCANJ.org

Here for all.

Financial assistance is offered based on availability of funds.