



## **RUCK MARCH**



The **Raritan Bay Ruckers** have teamed up with **The Phoenix** to hold a Ruck March to help stock our baby pantry with essential items.

Marchers will depart from the Atlantic Highlands Marina at 10 a.m. with an expected arrival at BFSC at 11 a.m. Once the donations are delivered, the march will continue to the entrance of NWS Earle for a moment of silence.

Marchers will then return to the marina with an estimated arrival of 12 p.m.

## **Baby Pantry Requested Donations:**

- > Diapers of all sizes
- > Baby Formula: unopened, unexpired powder only. We especially need:
  - Enfamil: Infant, NeuroPro, Gentlease, NeuroPro Gentlease
  - Similac: Advance, Pro Advance, Sensitive, Pro Sensitive, NeoSure



Marchers can join by sending an email to Chris Spallina at <u>cspallina@thephoenix.org</u>. Registration opens on April 3.

## Saturday, April 17 | 10 a.m.

For more information, contact Chris Spallina at cspallina@thephoenix.org (732) 739-RISE

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The Center is operated by the YMCA of Greater Monmouth County and funded by the New Jersey Division of Family and Community Partnerships. The Y. For a better us.