

RED BANK SWIM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 LANES LAP & 1 LANE HOUSEHOLD 6:00 AM - 6:45 AM 7:00 AM - 7:45 AM 8:00 AM - 8:45 AM 9:00 AM - 9:45 AM	5 LANES LAP & 1 LANE HOUSEHOLD 6:00 AM - 6:45 AM 7:00 AM - 7:45 AM 8:00 AM - 8:45 AM 9:00 AM - 9:45 AM 10:00 AM - 10:45 AM	5 LANES LAP & 1 LANE HOUSEHOLD 6:00 AM - 6:45 AM 7:00 AM - 7:45 AM 8:00 AM - 8:45 AM 9:00 AM - 9:45 AM	5 LANES LAP & 1 LANE HOUSEHOLD 6:00 AM - 6:45 AM 7:00 AM - 7:45 AM 8:00 AM - 8:45 AM 9:00 AM - 9:45 AM 10:00 AM - 10:45 AM	5 LANES LAP & 1 LANE HOUSEHOLD 6:00 AM - 6:45 AM 7:00 AM - 7:45 AM 8:00 AM - 8:45 AM 9:00 AM - 9:45 AM
3 LANES LAP & 1 LANE HOUSEHOLD 10:00 AM - 10:45 AM	4 LANES LAP & 1 LANE HOUSEHOLD 4:00 PM - 4:45 PM	3 LANES LAP & 1 LANE HOUSEHOLD 10:00 AM - 10:45 AM	4 LANES LAP & 1 LANE HOUSEHOLD 4:00 PM - 4:45 PM	SATURDAY 5 LANES LAP & 1 LANE HOUSEHOLD 6:15 AM - 7:00 AM 7:15 AM - 8:00 AM
2 LANES AQUA-FIT 10:15 AM - 11:00 AM	1 LANE LAP 6:00 PM - 6:45 PM 7:00 PM - 7:45 PM	2 LANES AQUA-FIT 10:15 AM - 11:00 AM	1 LANE LAP 6:00 PM - 6:45 PM 7:00 PM - 7:45 PM	4 LANES LAP & 1 LANE HOUSEHOLD 8:15 AM - 9:00 AM 9:15 AM - 10:00 AM 10:15 AM - 11:00 AM 11:15 AM - 12:00 PM
4 LANES LAP & 1 LANE HOUSEHOLD 4:00 PM - 4:45 PM		4 LANES LAP & 1 LANE HOUSEHOLD 4:00 PM - 4:45 PM		
1 LANE LAP 6:00 PM - 6:45 PM 7:00 PM - 7:45 PM		1 LANE LAP 6:00 PM - 6:45 PM 7:00 PM - 7:45 PM		

MASKS ARE REQUIRED AT ALL TIMES WHEN NOT IN THE POOL.

Our primary focus is the health and safety of our members. To ensure the best possible experience for all and conform to state and local guidelines the following policies are in place:

- > All swimmers must be active members and have an up to date waiver on file. Swimming will be limited to 1 swimmer per lane in 45 minute blocks from start of reserved time.
- > Starting times vary but swimmers will be provided 45 minutes based on the start of their reserved swim time.
- > Arrive promptly at the start of your reservation as swimmers will be asked to exit the pool regardless of when they entered the pool to allow time for staff to clean and sanitize before the next shift.
- > AquaFit swimmers will be handed equipment from the instructor and are permitted to bring their own.
- > Household lanes permit up to 2 swimmers from the same household in one lane.
- > Swimmers must reserve a lane using our mobile app or website. [Click here](#) to view reservation instructions.
- > Swimmers must provide their own equipment, i.e., kickboards, pull buoys, noodles or flotation belts. The Y will not be able to provide any of these items.
- > Arrive at the pool ready to swim. Changing rooms will ONLY be available to swimmers for 15 minutes after the registered swim time. (Deck changing is strictly prohibited)
- > The restroom located in the Family Changing Room will be available for use of the bathroom only, one person at a time.
- > Follow signs and deck markings to the shallow end of the pool when entering and to exit through the Aquatics office at the deep end of the pool.
- > Use sanitizing spray bottles provided in locker rooms on all surfaces touched
- > Baskets will be provided at the end of each lane for members to place their belongings in while they swim.

MEMBER CHECK IN

- > Members will check in one at a time through the main entrance door. Members must wear a face covering and practice social distancing at all times when not swimming.
- > All members will undergo a wellness check at the entrance. Wellness check will include a Covid-19 symptom survey and a touchless temperature scan. Anyone experiencing any Covid-19 symptoms or a temperature above 100.4° F will not be allowed to enter the facility.
- > Members will check into the facility using their Y scan card or mobile app.
- > Members will then wait outside of the pool entrance door until a pool staff opens the doors.



Welcome Back to the Y!