October 2020

**Concrete Support.** Knowledge of community resources improves efficiency when help is needed. Did you know the Bayshore Family Success Center has a database of local resources we keep up-to-date? Families can call or drop-in when needing information.

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>Bullying Prevention Campaign: Unity Tree Art Project</td>
<td>Book Club Book: “The Engineer’s Wife” by Tracey Enerson Wood</td>
<td>10am-2pm Pop up Baby Pantry, Call For Curbside Pickup</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Bullying Prevention Campaign: Compliment Slips</td>
<td>10am Grandparents Group, Zoom</td>
<td>3pm Pumpkin Painting, BFSC</td>
<td>4pm Kids Cooking: Cupcakes, Zoom</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td></td>
<td>Bullying Prevention Campaign: Celebrate Unity Day on 10/21 and wear orange</td>
<td>10am Parent to Parent: Virtual Learning and Special Education, Zoom</td>
<td>6:30pm Bayshore Book Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>Bullying Prevention Campaign: Watch the Disney short film “Lou”</td>
<td>6:30pm Bayshore Book Club</td>
<td>12pm Virtual Costume Parade, Zoom</td>
<td>31 Happy Halloween</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

YMCANJ.org
Facebook.com/BayshoreFSC
October Activities:
National Bullying Prevention Month
Book Club Book: “The Engineer's Wife” by Tracey Enerson Wood

First Fridays/Baby Pantry:
- Friday, October 2, 10 a.m. – 2 p.m. Pop-Up Baby Pantry! Pickups will be available through appointment only. Please call the center (732.497.3811) to schedule your contactless pickup time. We are unable to fulfill walk-up/walk-in requests. We will have contact information for Child Care Resources and Monmouth County Social Services available if needed. BFSC, Leonardo.

Support Groups:
- Grandparents Group: Tuesday, October 13, 10am. Join our remote grandparents group via Zoom. Email us for the link.

Community Advisory Committee Meetings: Each community has its own Community Advisory Committee (CAC) that meets once a month and helps direct the initiatives of the Center. We help implement the programs and events that your community needs and wants. All are welcome, be on the lookout for the meeting in your town! For more information, contact amaresco@ymcanj.org.

Life Skills:
- Parent to Parent Series: Virtual Learning and Special Education, Wednesday, October 21, 10am. Join us in the second installment of our Parent to Parent series where parents can come together to lean on each other and on us to discuss all aspects of parenting; this month we are discussing (and venting about!) the challenges virtual learning presents to our families with special needs children. Our hope is to move this group to in-person meetings but for now, we will see you on Zoom! Meeting ID: 778 176 6221.
- Kids Cooking: Thursday, October 15, 4pm. Are you tired of your kids ALWAYS saying that they are hungry and demanding food? Have them join us on Zoom (for now) for a hands-on live kid’s basic cooking demonstration, taught by a kid! We are continuing this series with everyone’s favorite snack, CUPCAKES!! Your kids will master the art of independent snacking. Meeting ID 778 176 6221.

Family Fun!:
- Month long bullying prevention campaign! We have weekly activities planned to encourage kindness, acceptance, and inclusion! Stop by the center to pick up your supplies starting October 5.
  - Week One: Unity Art Project. Make a unity tree and share it with us! Things to include on your leaves can be: how you would support a friend who is being bullied, what you would tell a younger kid about bullying, how can be nice to your friends, neighbors, classmates.
  - Week Two: Inspire others and be kind! Make and give out compliment slips.
  - Week Three: Celebrate Unity Day on 10/21 and wear orange!
  - Week Four: Watch the Disney short film “Lou” available here: https://www.dailymotion.com/video/x6ci2hk
- Pumpkin Painting: Wednesday, October 14, 3pm. Join us for some outdoor fall fun and meet us in our parking lot for pumpkin painting. VERY limited seating is available. Please call to RSVP. Absolutely NO walk up participation will be allowed. 732-497-3811.
- Virtual Costume Parade: Friday October 30, 12:00pm. Test out your costume before you hit the streets! Join us on Zoom and show off your 2020 costume! Meeting ID 778 176 6221
- Bayshore Book Club: Thursday, October 29, 6:30pm. This month we are reading “The Engineer’s Wife” by Tracey Enerson Wood. Join us for a lively discussion, all are welcome. Zoom.