



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# The Freehold Family YMCA Invites You To **BE OUR GUEST!**

**Thursday, October 10 | 5 a.m.–10 p.m.**

Try your Y for the day! Take a tour of our facility and programs. Enjoy fitness classes, swim, gym, and learn about family programs that support good health together.

**Enter to win a 3-month family membership for new members!**

**Chat with CEO Laurie Goganzner at 10 a.m.**

Discover all the ways the Y is **here for all**, to strengthen the lives of children, families & our greater community!



## YMCA OF GREATER MONMOUTH COUNTY

Freehold Family YMCA

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YMCA.NJ.org



**Here for all.**

Financial assistance is offered based on availability of funds.