



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# 2018 YMCA DR. MARTIN LUTHER KING, JR. ESSAY CONTEST

Each year, the YMCAs of Monmouth County celebrate the life and legacy of Dr. Martin Luther King, Jr. at a breakfast in his honor. We are proud to reflect on Dr. King's extraordinary achievements and service to others.

In conjunction with the event, the Y holds an Annual Essay Contest. The contest is open to all high school students that participate in YMCA programs. This year, there will be one grand prize winner. The winner will receive a \$500 scholarship for their education, as well as a full-year youth membership to The Community YMCA or the YMCA of Western Monmouth County.

The winner is asked to attend the **Annual Dr. Martin Luther King, Jr. Memorial Breakfast on Monday, January 15, 2018, 8-10 a.m. at Branches in West Long Branch**. The essay will also be published in the event's program. Parents/guardians of the student are also invited to attend the breakfast.

**To participate, please complete the application on the reverse side and submit by December 20, 2017 along with an essay, minimum of 200 words, based on the following theme:**

**"Life's most persistent and urgent question is, "What are you doing for others?"**

**- Martin Luther King, Jr.**

Reflect on the quote on the left and think about how you can follow in Dr. King's footsteps to improve the welfare of others and serve your community. How has the Y helped you to develop these values and make a significant difference in your community? How will you continue to serve & inspire others to do so?

