

MONMOUTH MARLINS

The Monmouth Marlins is a Special Olympics New Jersey Aquatic Team competing in several dual and championship meets each season. The team consists of 40 intellectually disabled athletes ranging in age from 8 to 54. Athletes learn swimming basics, stroke technique and racing strategies at their own ability level. Sportsmanship, team unity and overall fitness is incorporated into every practice. The Marlins practice at the YMCA of Western Monmouth County Sunday evenings from 5:00 to 7:00PM.

BIO



Carol McMullen is starting her 16th season as the head coach of the Monmouth Marlins, the largest Special Olympic New Jersey Aquatic Team in the state. She is a Certified Special Olympics Coach, Aquatic Commissioner for the 2014 Special Olympics USA Games, member of Special Olympics NJ Aquatics Training Committee, former collegiate swimmer at TCNJ and USA Swimming Official. Most importantly, Carol is the parent of an intellectually disabled Special Olympic athlete. Her extensive competitive swimming knowledge and love of the sport as well as her understanding of various intellectual disabilities has helped her develop her athletes into the best swimmers possible. She challenges them to learn new skills, improve their fitness and “Swim Fast”. Carol’s team, the Monmouth Marlins, is admired throughout the state for their sportsmanship and team unity. The Marlins are always the “Team to Beat”.