

Pool Swim Wear Policy OLD BRIDGE YMCA

In an effort to provide a **safe, clean and comfortable** environment for all Members, the Old Bridge Y suggests the following guidelines for attire in the pool, hot tub, sauna and steam room.

Acceptable Clothing includes:

- Clothing that is dedicated to use in the pool and spa area
- Swim wear designed to meet individual religious, cultural or personal need for cover.
- Spandex or lycra running tights, shorts and tops.
- Rash guards
- Bathing caps
- Head cover no longer than shoulder length.



SWIMMING CAP



GOGGLES



SWIMSUIT



RACING SUIT

To provide a safe clean environment the following is unacceptable attire:

- Cotton and other heavy weight materials.
- Street clothes.
- Clothing that has been worn for exercise.
- Loose clothing that can be an entrapment hazard.
- Clothing with frayed edges or loose fibers
- Head covers longer than shoulder length.